

Stars & Stripes 5k Run & Walk Friday, July 4, 2003

**Sponsored by
HOWLAND KIWANIS**



LOCATION:

Howland High School Football Stadium

RACE FEATURES:

- Free T-shirts to all runners who pre-register by June 20, 2003
- Goody Bags—Limited to Supply Available
- Water stations—All runners
- Computerized race results

ENTRY FEES:

- * \$12 Adults (before June 20, 2003)
- * \$15 Adults (race day)
- * \$12 Youth (17 & under)
- * All participants pre-registered by June 20, 2003 get a T-shirt
- * The first 50 registrants on race day get a T-shirt

The proceeds from this race will benefit:

- * Children's literacy programs
- * Scholarships for college bound seniors
- * TAMPEEL Center in Howland
- * Howland High School Key Club



Events

- Registration: 7:00 a.m.
- 5K Run (3.1 mile): 8:00 a.m.
- Post Race Activities:
 - * Awards ~ 9:00 a.m.
 - * Raffle ~ 9:00 a.m.

Awards

5K Run

- * 1st, 2nd and 3rd Place Male and Female Overall
- * 1st, 2nd and 3rd Place Male and Female in each age group

Raffle

- * Five prizes to be given away after the race

Age groups consist of:

- 12 and under
- 13-17
- 18-24
- 25-34
- 35-44
- 45-59
- 60 and over

Register Early!



For more information on sponsorship call (330) 856-6613

or write: Stars & Stripes Run & Walk
c/o Chuck Leightner
8256 East Market St., Suite 130
Warren, Ohio 44484

FAX (330) 856-6617

E-mail: leightner@neo.rr.com

www.4profs.com/howlandkiwanis

ENTRY FORM

Name _____

Address _____

Phone _____

T-shirt Size: S M L XL (Adult sizes only)

M / F Age on race day _____ Amount Enclosed \$ _____

Waiver: In consideration of acceptance of this entry, I hereby agree to absolve and hold harmless of blame and liability, waiving all rights and claims for damages, I, or my heirs, executors and administrators, may have against Howland Kiwanis Club and its sponsors, agents, representatives, successors and assigns and others associated with this event, either singly or collectively, resulting from any injury, harm, loss, or damage, misadventure or inconvenience suffered or sustained as a result of participating in the race and its associated activities. I give my permission for free use of my name and/or photo in any broadcast, telecast or other account of this event or for promotional purposes.

Signature _____ Date _____

Signature of parent or guardian is required if entrant is under age 18. Date _____

Make checks payable to Howland Kiwanis.

Howland Kiwanis, c/o Chuck Leightner, 8256 East Market Street, Suite 130, Warren, OH 44484 FAX (330) 856-6617